

This year's u3a essay competition is now live



It's time to get writing! This year we want you to take us on on a remarkable real-life journey - of discovery, adventure or transformation - and bring the story to life in fewer than 1000 words.

- **Free entry:** open to all u3a members
- **Deadline:** 31 July 2026
- **Prize:** book bundles for the winner and two runners-up, kindly donated by *HX Expeditions*.

Please share this opportunity with your members - particularly with your creative writing, science, history and travel interest groups.

[Find out more and apply](#)